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Dear Subscriber,

From CEO's Desk

Well how time flies, Christmas is just round the corner and then a whole new year. This has been a busy period with October starting off with our joint conference in Canberra. The turnout was impressive with numbers stopping short by only 20 seats of reaching capacity at the conference. The feedback sheets show that the large majority thought the venue, Hyatt, was very good as were the speakers. ACA always attempts to approach partnerships with the view of bringing our members closer to peers from other associations and I am sure we achieved this.

With the Australian dollar now worth (at the time of writing) \$1.25 in New Zealand and with flights at bargain basement prices I hope members are now changing some money over and organising their flights for next year's conference in Auckland in October. I am flying back to Auckland on the 9th of this month courtesy of Langhams Hotel to view their refit and to also meet with the NZAC President and CEO to start the review process for the abstracts we have received. Whilst on the subject of conferences please pencil in your diary our joint conference in Hong Kong in July 2010, calls for abstracts will go out shortly.

As many members would be aware ACA is going through several changes at the moment with our restructure, new ACA web site, change to a common renewal date, introduction of Professional Colleges and an upgrade to our current training standards. This is impacting on our resources as they are stretched to their maximum however it will all be well worth it.

Next year will see a complete new ACA emerge with an even more membership friendly process. The advent of Professional Colleges will mean ACA members who work in specialised fields will be able to join a College that acknowledges their specialty and reflects their added commitment to training. It is hoped that the Colleges will also have a positive impact on the delivery of training in these areas as they review standards. The new web site should make travelling around the ACA site easier for members and first time visitors.

ACA will again be conducting a series of Marketing and member information workshops around Australia next year with our first port of call being Perth in February 2010. A full calendar of visits will be made available soon.

ACA will as usual close down for several weeks - 17th December to 11th January 2010 - over the Christmas period so our hard working staff can recharge for 2010, I will not be returning until the 18th of January as I will be starting my leave later. Please note no emails or phone calls will be returned during this period.

Regards

Philip

The Editor

Hello again everyone,

It's nearly the end of the year already!

We have been receiving lots of positive feedback regarding the ACA/PACFA national Conference, which is great. Please ensure you record your attendance to the conference in your ACA Green Log Book for OPD purposes. Points for attending both days is 25 OPD.

On another note I hope everyone enjoys the rest of this month.

Vicky

Workshops & Conferences

Deepen Understanding & Increase your confidence Working with Gay and Lesbian Clients

Unique workshop Opportunity for Psychologists, Social Workers,
Therapists, Counsellors

"Working Effectively with Gay and Lesbian Clients"

Having a deeper understanding could improve the effectiveness of your counselling with these clients and enable you to attract more clients from these communities.

Facilitated by psychologist Paul Martin, voted as one of Australia's 25 Most Influential gays and lesbians for 2008, has specialized in working with gay and lesbian clients for over 15 years, writes for gay and lesbian media & is an organizational consultant.

This highly interactive and engaging workshop brings together the latest psychological literature and extensive experience in this specialized area.

Feedback we've gained from many clients over the years has included that many gays, lesbians & bisexuals feel uncomfortable working with straight psychologists as they believe that the therapist is possibly homophobic, or that they don't understand the deeper level issues unique to them.

This workshop assists to bridge that gap and allow straight therapists to not only gain a deeper understanding but also to demonstrate to their gay and lesbian clients that they have deeper level insights.

Topics covered include coming out, living with HIV, internalized homophobia, mental health, relationships, and sub cultural language and norms. Also included is an introduction to relevant theory from the latest psychological literature and case studies.

Date - Location:

Nov 18 - Brisbane

Nov 20 - Cairns

Nov 24 - Sydney

Nov 27 - Melbourne

Dec 04 - Adelaide

Jan 22 - Perth

Jan 29 - Darwin

Costing:

Association members: Early Bird (EB) \$299, non-EB \$349

Non member: EB \$349, non-EB \$399

Student: \$210

Running Time 9:00 am - 5:00 pm

APS: 7 points

AASW: 14 points

Telephone: (07) 3211 1117

Booking online: <http://www.centreforhumanpotential.com.au/seminar/glb/>

Federation of Psychotherapists & Counsellors of Queensland Inc

Invites You To The
2009 FPCQ Annual Conference
Therapy Health and Wellness

Saturday 21st November 2009

The Novotel Hotel, Brisbane

Creek Street Brisbane, QLD

The 2009 FPCQ Annual Conference has been approved for Ongoing Professional Development for: Australian Counselling Association and its member Associations (12 points per day)

The 2009 FPCQ Annual conference is open to all, whether or not members of professional associations.

http://www.fpcq.asn.au/pdf/FPCQ_Prof_M_J_Lambert_wshop.pdf

http://www.fpcq.asn.au/pdf/2009_Conference.pdf

Registrations are open now and Early Bird rates available for a limited time!

To Register: secretary@fpcq.asn.au

Or Post to FPCQ, PO Box 160, Grange, QLD 4051

Ph: 07 3356 4937

Fax: 07 3356 4355

Email: secretary@fpcq.asn.au

Improving Relationships and Mental Health with Systemic Family Constellations

Become a facilitator of Family Constellations in groups, workshops or in private sessions.

Specialized further training for:

Counsellors, Psychotherapists, Psychologists, Welfare officers, Clergy

This approach is brief, experiential and solution focused and may stand alone as a brief intervention or be part of a longer therapeutic process. This is now very popular in Europe, USA and Asia and is set to expand in Australia now.

Systemic Family Constellations are highly effective in helping with all relationship issues and many mental health disorders, ranging from:

[all family and marriage issues including divorce, parenting, single-parent families, blended families and adoption to emotional, physical and sexual abuse, incest, depression, self esteem, anxiety, suicide, depression and panic attack.](#)

This is a revolutionary, dynamic and powerful methodology that assists clients in identifying and resolving family of origin entanglements to enable better relationships and mental health, in the present. Often an issue is systemic in nature if it does not respond to conventional counselling or appears to be stuck.

The course comprises of three modules:
family of origin, present family, private individual sessions

Benefits of the training

- 1 Improve your effectiveness with your clients
- 2 Learn some invaluable cutting edge skills that can complement what you already do.
- 3 Personal Development
- 4 Learn in a professional and supportive environment
- 5 High quality training with an internationally recognised facilitator
- 6 Professional Development -86 hours 2008 ACA, CAPA, ASCH, QCA.

[Training schedule Brisbane](#) - 9 days of experiential learning

5 - 7 March, 16 - 18 April, 2 - 4 July 2010 plus workshop experience - 4 days.

Cost \$2500 [Early Bird](#) \$2200 10 Dec 2009

[Monthly payment plan is available on request.](#)

[Training schedule Sydney](#) - 11 days of experiential learning.

12 - 14 February, 19 - 21 March, 11 - 13 June, 17 - 18 July

Cost \$2500 [Early Bird](#) \$2200 10 Dec 2009

[Monthly payment plan is available on request.](#)

Presented by Yildiz Sethi who is a Counsellor and Family Constellations practitioner, who is a member of ISCA & DGfS Germany and an Educator at the Australian College of Applied Psychology Brisbane.

Ph: 1800 209 388 or 07 3862 2093

Email: support@familyconstellations.com.au

Website: www.familyconstellations.com.au

Family Constellations Pty Ltd

[Chapter Meeting & Group Supervision](#)

Queensland Group Supervision Executive Meeting Dates First Tuesday Bi-Monthly

Brisbane

Day: Every Second Saturday of every month

Time: 9:30am - 12:00pm

Venue: Edinburgh Castle Hotel

Cost: (Gold coin donation to cover venue hire and morning tea)

Contact: Anne Rickett on (07) 3356 4937 or 0407 823 061

Email: secretary@fpcq.asn.au

Nov 14th Group Supervision

Dec 12th No Meeting End of Year Lunch

Sunshine Coast: To Be Confirmed

Day: Every Fourth Friday of every Month

Time: 7:00pm - 9:00pm

Venue: Upstairs at Queensland Injectors Health Network Offices

59 Sixth Avenue, Maroochydore

Contact: Cameron Covey on (07) 5442 7107

Or Email: nicoli3@bigpond.com

Chapter Meetings for New South Wales (Sydney)

Day: Saturday

Dates: 12/12/2009

Time: 12:30pm

Venue: Ryde Eastwood Leagues Club, 117 Ryedale Road, West Ryde, NSW
2114

Cost: \$10.00 including refreshments

Contact: Lorraine A. Dailey on (02) 4566 8368 or 0416 081 882

Western Sydney Chapter Meeting Schedule

Day: Saturday

Dates: 28/11/2009

Venue: Penrith Bowling Club, Corner of Woodriff St and Derby St Penrith

Cost: \$5.00 to assist in rental of venue

Contact: Pamela Hoy

Email: pamhoy@bigpond.com

Supervision is available at each meeting with well known and respected Brigitte Madeiski; a guest presenter will be at each meeting. This is a wonderful opportunity to gain supervision and OPD points required by ACA as well as meeting other Counsellors. This is a friendly, informal group and we welcome Counsellors and students.

Central Coast Chapter - New ACA Chapter Formed

The ACA is very pleased to announce the formation of its newest Chapter.

The Central Coast Chapter of the ACA was officially formed on 3 October 2009, following a meeting of 10 very enthusiastic Counsellors.

The Central Coast of NSW is located 75 kms north of Sydney and 90 kms south of Newcastle. It has

a population of just under 300,000 people. The area bounds in natural beauty, including unspoilt beaches, lakes and national parks.

However, back to the new Chapter. The Central Coast Chapter was formed essentially for three reasons:

1. There are a number of ACA members on the Central Coast that believed a local Chapter could benefit its members and attract new members
2. The distance ACA members currently travel to Sydney and Newcastle, to attend regular meetings
3. There was (until now), no official ACA representation on the Central Coast

Although only 10 Counsellors attended the meeting on 3 October, a number of 'apologies' were recorded, due to this date being part of the Labour Day long weekend in NSW. According to the Central Coast Chapter's Publicity Officer, Cliff Parker; "We believe that now we've formed a local chapter, it will attract more current ACA members to our meetings. It may also encourage more membership (including student membership) to the ACA and therefore more local meeting attendance. Furthermore, ACA members and students who live in the northern suburbs of Sydney or the southern suburbs of Newcastle have easy access to our meetings and will always be welcome!

According to Cliff, "The initial group of 10 counsellors who formed the local chapter has many years of knowledge and experience and they are more than willing to share this with everyone. They believe that if we all become better counsellors, we can be much more effective with helping people to help themselves".

Finally, the inaugural meeting of the Central Coast Chapter in on Saturday 14 November (10:00am - 1.00 pm) and everyone is welcome. So please come along and be part of this historic ACA event - SEE YOU 14TH NOVEMBER!!!

For further details contact Cliff Parker, E-mail: cliffp@tpg.com.au

P.S. An e-mail confirming your attendance would be appreciated; this will assist us for catering purposes - thanks!

Inaugural Meeting

Day: Saturday

Date: 14 November 2009 (10.00am - 1.00pm).

Dates for 2010: To Be Advised

Venue: Baptist Church, Cnr. The Entrance & Carlton Rds, Erina.

Cost: \$10.00 per person (Morning Tea provided)

Contacts: Brian Edwards (President - 0412 912 288) or Rose Quigley (Secretary - 0407 786 431)

Counselling Supervision is available at each meeting by the very experienced counsellor, Brian Edwards. There will also be Guest Presenters in 2010. So come along to gain Supervision and OPD points required by ACA, meet and network with other Counsellors.

Be part of our INAUGURAL MEETING of the Central Coast Chapter of the ACA - see you on 14th November!

Hunter Valley Chapter Meeting & Group Supervision

WORKSHOP MEN and ANGER MANAGEMENT

Invites member and guests to attend the workshop

Day: Monday

Dates: 14/12/2009

Time: 2:00 pm - 6:00 pm

Venue: Carrington Community Centre Cnr. Young and Hargraves Streets Carrington

Cost: \$10.00 for NON ACA members

No presentation but 2 hours of supervision will be conducted.

Please RSVP to this email if you will be coming so I can organise seating etc. **PAY ON THE DAY**

Victoria Chapter Meeting

Invitation to all Victoria ACA members to become a member of our Association

Benefits of FVC membership:

- PDP (Professional Development Programs)
- Supervision by ACA registered supervisors
- Networking with peers
- Workshops, conferences and seminars (at member's rates)
- Monthly e-Bulletin
- Professional recognition
- A voice and strength in advocacy
- Counsellor directory listing
- Advertising at reduced rates
- Monthly meetings
- Membership certificate

Monthly meetings are held at three locations:

Day: Every Second Saturday

Time: 1:00pm - 4:00pm

Venue: Melbourne Central

Cost: Full members \$5.00

Student members \$2.00

Visitors \$10.00

Non ACA students \$5.00

Day: Every Fourth Saturday

Time: 1:00pm - 4:00pm

Venue: Ferntree Gully

Cost: Full members \$5.00

Student members \$2.00

Visitors \$10.00

Non ACA students \$5.00

Day: On the First Monday

Time: 1:30pm - 4:00pm

Venue: Albury

Cost: Full members \$5.00

Student members \$2.00

Visitors \$10.00
Non ACA students \$5.00

Contact: FVC President Barbara Matheson on (03) 9703 2920 or bm_counselling@bigpond.com.

Please visit any meeting as a visitor [FREE] to check us out; we look forward to sharing our journey with you all.

Chapter Meetings for Tasmania

Counselling Tasmania Inc

Day: Monthly Business Meeting every third Friday of each month

Time: 6:30pm

Venue: Suite 8, Weeroona House, 326 Elizabeth Street, North Hobart, TAS, 7000

Cost: Nil

Contact: Berry Dunston (Chairman) on 0419 011 239 or Deborah Townrow
(Secretary) on 0427 550 696

Chapter Meetings for ACT

ACT Chapter Meeting & Peer Support

The Australian Counselling Association ACT Chapter meets for peer support on:

Day: Last Tuesday of Every Month

Time: 7:00pm - 9:00pm

Venue: 13 Jalanga Crescent, Aranda, ACT

Cost: \$10.00

Contact: Bobbi Cook Vice President on (03) 6253 3116 or bobbi@bcm.com.au

Chapter Meetings for Western Australian

Professional Counsellor Association of WA (PCAWA) - Perth

Day: Mondays & Saturdays

Dates: 7/11/2009, 7/12/2009

Venue: Claisebrook Lotteries House Association, Conference Room, Ground floor, 33 Moore Street, East Perth

Cost: \$5.00 Members \$10.00 Non Members

Contact: Carolyn Midwood President on (08) 9448 3210 or Carolyn2002@bigpond.com. PCAWA: PO Box 751 Mt Lawley, WA 6929.

Training & Development

EXPRESSIVE THERAPIES INSTITUTE

Courses around Australia 2010

Specialised extension training for counsellors, psychologists, social workers, guidance officers Around Australia since 1989 and in Asia since 2001

Certificate in Sandplay Therapy and Symbol Work

- with children, adolescents and adults

Sandplay Therapy is a hands-on, expressive counselling and psychotherapy modality that has been in use for over seventy-five years. Sandplay forms a bridge between verbal therapy and the expressive therapies, combining elements of each. Sandplay allows the deeper aspects of the psyche to be worked with naturally and safely, it is highly effective in reducing emotional causes

behind difficult behaviours, and quickly develops emotional literacy and confidence in clients.

Commences:

Perth: 12 February, 2010

Brisbane: 4 March, 2010

Sydney: 13 March, 2010

Northern NSW: September, 2010

Phillip Island, Vic: 9 December 2010

Sunshine Coast, Qld: August 2010

Certificate in Expressive Therapies with Children and Adolescents - Somatic Focused, Creative Counselling for Emotional Integration

15 days spread over 5 x 3-day workshops, over approximately 9 months. Modalities introduced:

Symbol Work, Art in Therapy, Music in Therapy, Emotional Release Processes, Expressive Writing, Body Focus, Bioenergetics, Role-Play, Emotional Literacy Techniques, Visualisation, Relaxation and Meditation.

Commences:

Sunshine Coast, Qld: 28 January, 2010

Cairns: 11 March, 2010

Northern NSW: early, 2010

Phillip Island, Vic: 3 June, 2010

Certificate in Emotion-Focused & Transpersonal Expressive Therapies with Adult Clients - Specialised Extension Skills - Supporting Change Processes

15 days spread over 5 x 3-day workshops over about 9 months

Commences:

Sunshine Coast, Qld: 25 January, 2010

Courses also in New Zealand, Singapore, Malaysia

EXPRESSIVE THERAPIES INSTITUTE OF AUSTRALIA

Mark Pearson: 0419 492 713 or info@expressivetherapies.com.au

For details please visit: www.expressivetherpaies.com.au

Certificate IV in Counselling Supervision (69828) Nationally Accredited Training

The Certificate IV in Counselling Supervision is a self-directed learning program for experienced counsellors interested in supervising other counsellors. It embraces the methodology of learning deliveries which empowers you, as the learner in the learning process.

You have the flexibility in options as to when, where and how you can best learn to develop and demonstrate competency in this qualification. The course is delivered in four different learning modes (workshop, workplace, distance & RPL), and we guide you to identify and undertake the required learning in the learning mode that suits you best.

Workshop Learning Mode (Full Course) - 2009 Time Table

City: Hobart - Tasmania

Date: 23rd - 28th

Month: November

Closing Date (Enrolments & Payments): 28th October

For inquiries please contact Veronika on (03) 9772 1940

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More and more Counsellors are gaining advanced specialist skills with a Vocational Graduate qualification. A vocational graduate qualification gives you advanced theoretical knowledge with an emphasis on practical application. It's time and cost effective, meaning you can gain a formal graduate qualification in 6 to 12 months in your specialist area.

Here's how a graduate qualification can advance your career:

- Develop a deeper understanding of your area of interest and achieve more optional outcomes with your clients.
- A graduate qualification will assist you move up the corporate ladder from practitioner to manager/supervisor.
- Make the shift from being a generalist practitioner to a specialist.
- Gain greater professional recognition from your peers.
- Increased client referrals from allied health professionals.
- Maximise job opportunities in your preferred speciality areas.
- Formalise years of specialist experience with a respected qualification.

To learn more about the institute, our Vocational Graduate courses and how to enroll, please visit www.aipc.net.au/vgd . Or alternatively, please call your nearest Institute branch on the Free Call numbers listed below.

Sydney: 1800 677 697

Melbourne: 1800 622 489

Perth: 1800 246 381

Brisbane: 1800 353 643

Adelaide: 1800 246 324

Regional NSW: 1800 625 329

Regional QLD: 1800 359 565

Gold Coast: 1800 625 329

NT/Tasmania: 1800 353 643

Expand Your Qualifications with Australia's Most Cost Effective and Flexible Bachelor of Counselling

The Bachelor of Counselling is a careful blend of theory and practical application. Theory is learnt through user-friendly learning materials that have been carefully designed to make your studies as accessible and conducive to learning as possible.

The course and its subjects are structured to progressively develop your knowledge and skills from foundational theoretical concepts through to more complex concepts and advanced skills and

applications.

- Save up to \$16,000.00 on your qualification.
- Get started for as little as \$1,100.
- Be supported by a large team of highly-qualified professionals.
- Learn externally with intimate personal support.
- Attend Residential Schools to hone your practical skills and network with other students.

On completion, you will.

- The capacity to apply counselling theory and skills in an intentional and mindful manner.
- The ability to evaluate and apply a variety of counselling models according to the needs of your client.
- The ability to analyze counselling issues with consideration to broader social and cultural perspectives
- And will be equipped to make a natural transition into the role of a Counsellor.

To learn more, please visit www.aipc.net.au/degree. The institute is accredited as a non-university Higher Educational Provider. The Bachelor of Counselling is accredited by the Minister of Education and Training, the accrediting authority under the Higher Education (General Provisions) Act 2003.

Imagine Investing Just \$0.88 A Day To Access Premium Quality Professional Development Courses And Videos.

Counselling Academy's Unlimited Access Account gives you access to over 50 courses; over 300 hours of quality training; as well as access to all newly developed courses.

What do you normally pay for a professional development workshop? \$150? \$350? Well now, with CA's Unlimited Access Account you have access to over 50 training programs for under \$1 a day!

As an Unlimited user you can:

- Subscribe to as many courses as you want, with just one click.
- Access exclusive video workshops.
- Fast-track your professional development.
- Easily meet your professional OPD requirements.
- Save \$\$\$ with our monthly or annual payment options.
- Manage all your OPD training needs from a single location.
- Coming Soon: Access to Life Skills Audios and Case Studies.

Courses are between 4 to 10 hours duration; are developed by a team of highly qualified professionals; can be completed progressively; and are recognized by the Australian Counselling Association for Ongoing Professional Development.

To start your unlimited access membership with Counselling Academy, visit their website today: www.counsellingacademy.com.au.