



## Please note the following before committing to a course of training

ACA have developed a new training standard which we believe will increase the standard of counsellor training in Australia. These new standards come into effect as of 1 July 2010. Prior to committing to any of the below courses it is in your interest to ensure the training provider whose course you choose has or is in the process of submitting an application to have their course approved as meeting these standards. You need to understand that should you undertake training in a course that does not meet these new standards you are unlikely to meet ACA registration requirements on graduation. Registration leads to employment and insurance recognition therefore is important.

## ACA Approved Counsellor and Supervisor Training Courses

ACA is a peak National body for counsellors whose primary objective is to register counsellors/psychotherapists to ensure the public has access to appropriately trained counsellors who are accountable and meet industry standards. Therefore courses that meet ACA criteria for registration must have a primary focus on counselling, not social work, welfare, youth work, psychology etc. Qualifications in these subjects are not necessarily adequate for membership purposes to ACA. Registered counsellors are required to be able to perform significant in depth therapeutic work with their clients using assessed therapeutic counselling skills. These skills must be taught and assessed beyond the realms of theory. This is significantly different to using counselling skills taught in a few subjects as an adjunct to another discipline or profession. The following is a **brief guide** as to the levels of training and the different sectors that deliver counsellor training in Australia.

**Training Sectors:** The following lists have been broken up into the various sectors that deliver counsellor training courses. There are two formally recognised sectors of training in Australia; **vocational education training (VET)** and **higher education (HE)** sectors. Neither of these sectors is superior in outcomes nor qualifications at the entry level.

**Vocational Training:** VET can be delivered through either private providers or through Technical and Further Education (TAFE) facilities. VET courses are tiered and start at an entry level Certificate I to IV, then Diploma, Advanced Diploma and most recently Vocational Graduate Certificates and Diplomas. Minimum educational standards for registration with ACA require the completion of a VET **Diploma or Advanced Diploma** qualification in **Counselling** from a registered training organisation. Vocational Graduate qualifications must be underpinned by a minimum **Diploma of Counselling** or ACA recognised qualification. Diplomas in Welfare, Youth Work etc will generally not meet entry requirements. Counselling skills are taught in a variety of courses. However this should not be confused with professional counselling competencies required of a professional counsellor. Vocational Graduate qualifications are not accepted as stand alone qualifications for membership to ACA. The reason for this is a counsellor undertaking these courses should already meet ACA membership requirements prior to undertaking graduate training.

**Higher Education:** Higher Education (HE) courses are delivered primarily through Universities or through private providers whose courses have been approved by the HE state authority and deliver a University licensed course. Degrees regardless of their level not delivered by Universities or private providers who are not accredited or registered by their appropriate recognised government bodies or peak counselling associations within the country they are delivered will not be recognised. HE courses generally start at the undergraduate level with a Bachelor degree moving through a tiered process to graduate qualifications of Graduate Certificates and Diplomas up to a Masters Degree, then Doctorates and PhD's. Entry level to ACA through the HE sector is a minimum of a **Bachelor of Counselling** degree. Again, degrees in Social Work, Social Science, Behavioural Science, Psychology etc will generally not meet ACA requirements. If in doubt as to whether a degree you are interested in completing will meet ACA standards

simply email ACA a copy of the units in the course and you will be advised of the outcome. Graduate qualifications are underpinned by undergraduate qualifications for membership to ACA. The reason for this is a counsellor undertaking these courses should already meet ACA membership requirements prior to undertaking graduate training.

The following course information is not exhaustive, other courses may exist that meet our standards but are not listed below. Be aware that courses that are not listed may also not meet industry standards and therefore will not be recognised as a formal qualification after completion. If in any doubt contact ACA before committing money and time and before signing a contract of training. Some literature used for marketing can be misleading in regards to the credibility of the course offered. All Diploma courses must be accredited by the appropriate state education and vocational authority and meet Nationally Recognised Training standards or alternatively meet the ACA recognition standards. Be aware of courses that claim international standing only, in many cases these courses do not meet the required Australian standards. ACA training standards can be found on the webpage at [http://www.theaca.net.au/docs/ACA\\_Course\\_Approval\\_Criteria.pdf](http://www.theaca.net.au/docs/ACA_Course_Approval_Criteria.pdf). All degree and graduate courses must meet the Australian higher education scheme standards. It is important to note that some employers may have higher minimum educational standards than those required for registration. It is advisable to research what standards employers require before committing to a training course. To further discuss training issues you can contact us on 1300 784 333. Please note that information on this list was correct at the time of entry as per update notice on bottom left of page.

Provider	Course/s	Type	Location/s	Phone	Web
<b>Vocational Entry Level Courses</b>					
Australian Institute of Professional Counsellors	Diploma of Professional Counselling	Distance with seminars, Face to Face	National	1800 657 667	<a href="http://www.aipc.net.au">www.aipc.net.au</a>
Australian Institute of Family Counselling	Advanced Diploma of Counselling and Family Therapy (Christian) & Sydney Korean Language	Distance Education and Seminars, Face to Face	Adelaide, Brisbane, Canberra, Perth, Newcastle, Sydney, Melbourne & Townsville	National Office 02 6242 5111	<a href="http://www.aifc.com.au">www.aifc.com.au</a>
Metavision Institute	Diploma and Advanced Diploma in Applied Holistic Counselling and Holistic Psychotherapy	Distance with campus seminars	Bowral, NSW	02 4862 2559	<a href="mailto:info@metavisioninstitute.com">info@metavisioninstitute.com</a> <a href="http://www.metavisioninstitute.com">www.metavisioninstitute.com</a>
Australian College of Contemporary Somatic Psychotherapy	Diploma in Psychotherapy & Counselling	Training Sessions on campus	Melbourne, Brisbane, Sydney & Hobart	1800 801 767	<a href="http://www.somaticpsychotherapy.com.au">www.somaticpsychotherapy.com.au</a>
UnitingCare Institute of Family Practice	Diploma of Systemic Counselling Skills, Advanced Diploma of Systemic Therapy	Campus	Sydney, Parramatta	02 8830 0755	<a href="http://www.ifp.nsw.edu.au">www.ifp.nsw.edu.au</a>
Quest Associates	Diploma in Counselling & Communication, Advanced Diploma in Counselling & Communication	Campus	Adelaide	08 8221 5300	
Sophia College of Counselling	Diploma & Advanced Diploma in Holistic Counselling	Campus	Perth, Brisbane, Melbourne & Singapore	08 9726 1505	<a href="http://www.sophiacollege.com">www.sophiacollege.com</a>
Institute Of Counselling & Community Studies (ICCS)	Diploma Of Counselling	Campus	Melbourne VIC	03 8610 0400	<a href="http://www.iccs.edu.au">www.iccs.edu.au</a>
Phoenix Institute of Victoria	Diploma in Transpersonal Counselling, Diploma in Transpersonal Art Therapy and Diploma in Holistic Counselling Practice	Campus, Distance (full time or part time)	Prahran, Victoria	03 9510 4264	<a href="http://www.phoenixinstitute.com.au">www.phoenixinstitute.com.au</a>

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Provider	Course/s	Type	Location/s	Phone	Web
<b>Vocational Entry Level Courses</b>					
Centre for Adult Education and Chiron Associates	Diploma in Holistic Counselling Practice	Campus (part time)	Prahran, Victoria	03 9652 0611	<a href="http://www.cae.edu.au">www.cae.edu.au</a>
The Bremer Institute of TAFE	Diploma of Community Welfare Work	Campus	Brisbane	07 3817 3030	<a href="http://www.bremer.tafe.qld.gov.au">www.bremer.tafe.qld.gov.au</a>
TAFE SA – Port Adelaide Campus	Diploma of Community Welfare Work (specialising in counselling skills)	Campus	Port Adelaide, SA	08 8303 2646 08 8303 2648	<a href="mailto:comserv@tafesa.edu.au">comserv@tafesa.edu.au</a>
TAFE SA Regional – Gawler Campus	Diploma of Community Welfare Work (specialising in counselling skills)	External (incl 4 onsite electives)	Gawler, SA	08 8522 0333	<a href="http://www.tafe.sa.edu.au">www.tafe.sa.edu.au</a>
TAFE SA Regional – Port Pirie Campus	Diploma of Community Welfare Work (specialising in counselling skills)	External (incl 4 onsite electives)	Port Pirie, SA	08 8638 4222	<a href="http://www.tafe.sa.edu.au">www.tafe.sa.edu.au</a>
The Crucible Centre	Professional Diploma in Applied Transpersonal Psychology	Campus	Hartley Vale NSW	02 6355 2223 02 4567 0044	<a href="http://www.cruciblecentre.com">www.cruciblecentre.com</a>
Christian Seminars & Training Services	Diploma of Christian Counselling & Community Education	Distance	QLD VIC	07 4638 7270 0419 518 990	<a href="http://www.csts.com.au">www.csts.com.au</a>
New Zealand Institute of Professional Counselling	Diploma of Professional Counselling (Level 6)	Distance	New Zealand	09 919 4519	<a href="mailto:AnneF@QualityEducation.ac.nz">AnneF@QualityEducation.ac.nz</a>
Institute of Energy Science	Diploma of Body Psychotherapy	Campus	Coolum QLD	07 3855 2288	<a href="mailto:bevhowarth@m140.aone.net.au">bevhowarth@m140.aone.net.au</a>
Institute of Counselling & Community Studies	Diploma of Community Welfare / Mount Louisa Counselling Course	Campus part time	Melbourne VIC	03 8610 0400	<a href="mailto:cheryl@iccs.edu.au">cheryl@iccs.edu.au</a>
Cairnmillar Institute	Advanced Cert of Psychotherapy, Certificate of Counselling and Psychotherapy	Campus	Camberwell, Vic	03 9813 3400	<a href="http://www.cairnmillar.org.au">www.cairnmillar.org.au</a>
The Portiuncula Centre	Counselling Training Course Level 3	Campus	Toowoomba, Qld	07 4633 1383	<a href="mailto:info@portiunculacentre.com">info@portiunculacentre.com</a>
The Paraclete Institute Inc	Advanced Cert of Counselling (conferred by University of South Africa)	Distance with compulsory residential	Adelaide	08 8178 0263	
Victoria University of Technology	Diploma in Counselling	Campus	Melbourne	03 9284 7084	<a href="http://www.vu.edu.au/Tafe/">http://www.vu.edu.au/Tafe/</a>
Quest College	Advanced Diploma of Counselling	Campus	Maroochydore	07 5443 6345	<a href="mailto:info@questcollege.com.au">info@questcollege.com.au</a>
Pathways Psychology Institute Australia	Diploma of Counselling & Group work (Process Psychology) Advanced Diploma of Psychotherapy & Group Facilitation (Process Psychology)	Campus Day/Night option, Distance	Epping, NSW Arcadia, NSW	02 9653 2228	<a href="http://www.pathwayspsychology.com.au">www.pathwayspsychology.com.au</a>

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Provider	Course/s	Type	Location/s	Phone	Web
<b>Vocational Entry Level Courses</b>					
Dynamic Training Centre	Diploma in Psychology & Counselling	Distance, Workshops & Placements	National & International	07 9935 2966 03 3112 2966 02 8216 0744	<a href="http://www.dynamictrainingcentre.com.au">www.dynamictrainingcentre.com.au</a>
Careers Australia College of Healthcare	Diploma of Counselling & Advanced Diploma of Counselling	Campus	Adelaide , SA	08 8221 5300	<a href="http://www.careersaustralia.edu.au">www.careersaustralia.edu.au</a>

<b>Higher Education Entry Level Courses</b>					
Australian Institute of Professional Counsellors	Bachelor of Counselling	Distance with seminars, Face to Face	National	1800 657 667	<a href="http://www.aipc.net.au">www.aipc.net.au</a>
Australian Catholic University	Bachelor Social Science	Campus	Brisbane, Sydney, Canberra, Ballarat & Melbourne	07 3623 7136 02 9739 2231 03 9953 3060	<a href="http://www.acu.edu.au">www.acu.edu.au</a>
University of Canberra	Bachelor of Community Education (major in Counselling Studies)	Campus (Full time & part time)	Canberra	02 6201 2484	<a href="http://www.canberra.edu.au/courses">www.canberra.edu.au/courses</a>
Bond University	Bachelor of Social Science/Bachelor of Counselling	Campus	Gold Coast		<a href="http://www.bond.edu.au">www.bond.edu.au</a>
University of Southern Queensland	Bachelor of Human Services (Counselling)	Distance & Campus	Fraser Coast, Springfield, Toowoomba	Ph: 07 4120 6183 Fx: 07 4120 6173	<a href="http://www.usq.edu.au">www.usq.edu.au</a>
Southern Cross University	Bachelor of Social Science with major in Counselling	External & Campus	Coffs Harbour, Tweed/Gold Coast	02 6620 3133	<a href="http://www.scu.edu.au">www.scu.edu.au</a>
Tabor College	Bachelor of Counselling	Campus	Adelaide, Sydney, Melbourne, Hobart, Perth	08 9374 0132 02 9522 9300 03 9844 8800 08 8373 8777 03 6231 5889	<a href="http://www.tabor.edu.au">www.tabor.edu.au</a>
Jansen Newman	Bachelor of Counselling and Human Change	Campus	Sydney	1800 777 116	<a href="http://www.jni.nsw.edu.au">www.jni.nsw.edu.au</a>
Notre Dame Australia	Bachelor of Counselling	Campus	Fremantle & Broome WA	F: 08 9239 5555 B: 08 9192 2032	<a href="http://www.nd.edu.au">www.nd.edu.au</a>
Sunshine Coast University	Bachelor of Social Science (Counselling)	Campus	Sunshine Coast	07 5430 2890	<a href="http://www.usc.edu.au">www.usc.edu.au</a>

### Vocational Graduate Courses

Australian Institute of Professional Counsellors	Graduate Certificate in Counselling (Addictions/Family/Grief and Loss) Graduate Diploma of Counselling (Addictions/Family/Grief and Loss)	Distance with seminars, Face to Face	All Capital cities	1800 657 667	<a href="http://www.aipc.net.au">www.aipc.net.au</a>
Cairnmillar Institute	Graduate Certificate of Counselling and Psychotherapy	Campus	Camberwell, Vic	03 9813 3400	<a href="http://www.cairnillar.org.au">www.cairnillar.org.au</a>

### Higher Education Graduate Courses

University of Western Sydney	Graduate Diploma in Applied Counselling & Masters in Counselling	Campus (Full time & part time)	Parramatta	1800 897 669	<a href="http://www.uws.edu.au">www.uws.edu.au</a>
Deakin University	Grad Diploma Psychoanalytic Studies	Off-Campus	Australia wide	03 5227 2333	<a href="http://www.arts.deakin.edu.au">www.arts.deakin.edu.au</a>
University of Queensland	Graduate Diploma in Mental Health/Psychotherapy, Masters of Counselling	Campus	Brisbane	07 3365 1111	<a href="http://www.uq.edu.au">www.uq.edu.au</a>
Macquarie University	PhD/Master of Counselling Psychology	Campus	Sydney	02 9850 9222	<a href="http://www.cal.mq.edu.au">www.cal.mq.edu.au</a>
University of Canberra	Graduate Certificate in Community Counselling , Graduate Diploma in Community Counselling (Counselling), Master of Applied Psychology (Counselling), Master of Arts in Counselling, Master of Counselling and Psychotherapy (Research)	Campus (Full time & part time)	Canberra	02 6201 2484	<a href="http://www.canberra.edu.au/courses">www.canberra.edu.au/courses</a>
University of Adelaide	Grad. Certificate/Diploma Grief & Palliative Care C.	External Part time	Adelaide	08 8303 5208	<a href="http://www.health.adelaide.edu.au/medschool/academic">www.health.adelaide.edu.au/medschool/academic</a>
QUT	Master of Counselling, & Counselling Psychology	Campus	Brisbane	07 3864 2111	<a href="http://www.qut.edu.au">www.qut.edu.au</a>
Swinburne University	Graduate Cert/Diploma Social Science (Gestalt Therapy), Social Science (Human Services or Family Therapy), Master of Counselling Psychology, & Doctorate of Psychology (Counselling)	Campus	Vic	03 9214 8000	<a href="http://www.swin.edu.au">www.swin.edu.au</a>
Edith Cowan University	Post Graduate Diploma Social Science (Counselling) & Master of Social Science (Counselling &	Campus	WA	08 9400 5824	<a href="http://www.cowan.edu.au">www.cowan.edu.au</a>

<b>Higher Education Graduate Courses</b>					
	Psychotherapy)				
University of South Australia	Graduate Diploma and Masters in Social Science (Counselling)	Campus	Adelaide	08 8302 1479	<a href="http://www.unisa.edu.au">www.unisa.edu.au</a>
University of New England	Graduate Diploma, Masters and PHD of Counselling	Campus & Distance	Armidale	02 6773 3651	<a href="http://www.une.edu.au">www.une.edu.au</a>
Victoria University	Graduate Diploma in Counselling (Child and Adolescent), Masters in Counselling, Masters in Psychoanalysis	Campus	Melbourne	03 9919 2336	<a href="mailto:leonie.darch@vu.edu.au">leonie.darch@vu.edu.au</a> <a href="http://www.vu.edu.au">www.vu.edu.au</a>
Murdoch University	Graduate Diploma in Counselling	Campus	Perth WA		<a href="http://www.murdoch.edu.au">www.murdoch.edu.au</a>
Australian Catholic University	Master of Social Science (Pastoral Counselling)	Campus	Brisbane, Sydney, Canberra, Ballarat & Melbourne	07 3623 7136 02 9739 2231 03 9953 3060	<a href="http://www.acu.edu.au">www.acu.edu.au</a>
Curtin University of Technology	Graduate Diploma in Counselling, Master of Counselling, Master of Health Counselling, Master of Psychology (Counselling)	Campus	Perth	08 9266 9266	<a href="http://www.curtin.edu.au">www.curtin.edu.au</a>
Bond University	Postgraduate Diploma of Counselling	Campus	Gold Coast		<a href="http://www.bond.edu.au">www.bond.edu.au</a>
Cairnmillar Institute	Graduate Diploma of Psychotherapy, Master of Psychotherapy	Campus	Camberwell, Vic	03 9813 3400	<a href="http://www.cairnmillar.org.au">www.cairnmillar.org.au</a>
Alive Community Educational Centre	Advanced Diploma in Counselling	Campus, Distance, Full time, Part time	Singapore	63235393 / 96961770	<a href="mailto:Mathew@alivecommunity.net">Mathew@alivecommunity.net</a>
Jansen Newman	Graduate Diploma in Counselling & Psychotherapy	Campus	Sydney	1800 777 116	<a href="http://www.jni.nsw.edu.au">www.jni.nsw.edu.au</a>
Notre Dame Australia	Masters in Counselling	Campus	Fremantle & Broome WA	F: 08 9239 5555 B: 08 9192 2032	<a href="http://www.nd.edu.au">www.nd.edu.au</a>
University of New England	Grad Cert Counselling Grad Dip Counselling Master of Counselling / Honours PhD Counselling	Off campus	National/Armidale	02 6773 3681	<a href="http://www.une.edu.au">www.une.edu.au</a> <a href="mailto:rbowers@une.edu.au">rbowers@une.edu.au</a>
Swinburne University of Technology	Masters of Social Science (Professional Counselling)	External Campus	Singapore	+61 3 9214 5209	<a href="http://www.swinburne.edu.au/lss">www.swinburne.edu.au/lss</a>

<b>Specialist and Supervisor Training Courses</b>					
Jeansen International Education Group Pte Ltd	Specialist Diploma in Artistic Counselling for Educator		Singapore & China	65-6295 0242	<a href="mailto:yhh@jeansen.com.sg">yhh@jeansen.com.sg</a>
Expressive Therapies Institute of Australia	Certificate in Expressive Therapies with Children and Adolescents Certificate in Sandplay Therapy &	Campus	Brisbane	07 3350 5488 0419 492 713	<a href="mailto:info@expressivetherapies.com.au">info@expressivetherapies.com.au</a> <a href="http://www.expressivetherapies.com.au">www.expressivetherapies.com.au</a>

## Specialist and Supervisor Training Courses

	Symbol Work Certificate in Emotion-Focussed and Transpersonal Expressive Therapies				
Basa Education and Counselling Services	Accredited Cert IV in Counselling Supervision	Campus & Distance	Nationally	03 9772 1940 0418 387 982	<a href="mailto:info@becsonline.com.au">info@becsonline.com.au</a> <a href="http://www.becsonline.com.au">www.becsonline.com.au</a>
University of Canberra	Graduate Certificate in Professional Supervision	Campus	ACT	02 6201 5111	<a href="http://www.canberra.edu.au">http://www.canberra.edu.au</a>
College of Complementary Medicine	Diploma in Transpersonal Art Therapy, Diploma in Transpersonal Counselling	Campus	NSW	02 9482 3603	<a href="http://www.complementary.com.au">www.complementary.com.au</a>
University of Southern Queensland	Masters of Education (Guidance and Counselling)	Campus	Queensland	07 4631 2100	<a href="http://www.usq.edu.au/default.htm">http://www.usq.edu.au/default.htm</a>
James Cook University	Master of Guidance and Counselling	Campus	Townsville, Qld	07 4781 4111	<a href="http://www.jcu.edu.au">www.jcu.edu.au</a>
Monash University	Grad Diploma in Mental Health for Teachers, Grad Dip Child Psychotherapy Studies, Masters in Counselling	Campus	Clayton Campus	03 9594 1479 03 9905 2819	<a href="http://www.med.monash.edu.au">www.med.monash.edu.au</a> <a href="http://www.monash.edu.au/pubs/handbooks/postgraduate">www.monash.edu.au/pubs/handbooks/ postgraduate</a>
La Trobe University	Master of Art Therapy, Counselling & Human Services, Family Therapy, & Gestalt Therapy	Campus	Victoria		<a href="http://www.latrobe.edu.au">www.latrobe.edu.au</a>
The University of Sydney	Graduate Diploma & Masters in Rehabilitation Counselling. Master of Health Science	Campus & Distance	Sydney		<a href="http://www.usyd.edu.au">www.usyd.edu.au</a>
The Crucible Centre	Professional Sandplay Training	Campus	Bilpin	02 6355 2223	<a href="mailto:admin@cruciblecentre.com">admin@cruciblecentre.com</a>
Play Therapy International / Play Therapy Australasia	Diploma in Practice Based Play Therapy	Campus	Sydney	02 9986 0955 +44 1825712312	<a href="http://www.playtherapy.org">www.playtherapy.org</a> <a href="http://www.playtherapy.org.au">www.playtherapy.org.au</a>
The Institute of Emotionally Focussed Therapy	Grad Dip Emotionally Focused Therapy, Grad Cert in Emotionally Focused Therapy	Campus	Sydney	02 9552 2977	<a href="mailto:michelle@efttherapy.com">michelle@efttherapy.com</a>
Melbourne Institute for Experiential & Creative Arts Therapy	Master by Supervision in Experiential & Creative Arts Therapy	Campus	Fitzroy, Vic	03 9486 9081	<a href="http://www.miecat.org.au">www.miecat.org.au</a> <a href="mailto:admin@miecat.org.au">admin@miecat.org.au</a>